SANTA ANA COLLEGE

SPRING 100 YEARS!



Community Services Program

call (714) 564-6594 or visit: www.sac.edu/cms

Take action • Aim for success • Enroll now

HOW TO REGISTER



On-line Registration @ www.sac.edu/cms with your MasterCard, VISA, Discover, or American Express.



FAX Registration with your credit card information. Complete the registration form on the inside back cover and FAX to (714) 564-6309.



Phone Registration with your MasterCard, VISA, Discover, or American Express. Call (714) 564-6594.



Mail-In Registration: Complete the registration form located on the inside back cover, include payment, and mail to:



Santa Ana College Community Services Program 1530 W. 17th Street, S-203 Santa Ana, CA 92706

In-Person Registration @ Community Services Program office located in the Administration Building, room S-203. See map on page 28.

Confirmation:

Registration received by mail will be confirmed if you send a self-addressed stamped envelope. Registration received by phone and online will automatically receive a confirmation. If you do not receive a confirmation in 5 business days, call our office at (714) 564-6594. Non-receipt of confirmation does not warrant a refund.

Refund & Transfer Policy for all events:

Refund and transfer requests must be made (3) business days prior to the event less a \$10 processing fee per person. **Day Tours:** may be cancelled up to 10 days prior to departure date less a \$15 processing fee. A refund will only be issued if your space can be re-sold. You may send a substitute in place. **Multi Day Tours:** Travel Protection insurance is highly recommended. A refund will be issued less a \$50 cancellation fee. Non receipt of confirmation DOES not warrant a refund for any event.

Returned Checks & Refunds by Check, Cash or Money Order:

A \$25 fee will be charged for any returned check. In addition, an administration hold placed against your student records and a class stop will be issued. Refunds issued for cash, check or money order transactions may take 4-5 weeks to process with a completed W-9 form.

Parking Policy:

Daily parking permits are required & available for \$2.00 (coin or dollar) in Lots 6, 7, 9, 11, & 12.

Nondiscrimination Policy:

The District is committed to equal opportunity in educational programs, employment, and all access to institutional programs and activities.

The District, and each individual who represents the District, shall provide access to its services, classes, and programs without regard to national origin, religion, age, gender, gender identity, gender expression, race or ethnicity, color, medical condition, genetic information, ancestry, sexual orientation, marital status, physical or mental disability, pregnancy, or military and veteran status, or because he or she is perceived to have one or more of the foregoing characteristics, or based on association with a person or group with one or more of these actual or perceived characteristics.

The Chancellor shall establish administrative procedures that ensure all members of the college community can present complaints regarding alleged violations of this policy and have their complaints heard in accordance with the Title 5 regulations and those of other agencies that administer state and federal laws regarding nondiscrimination.

No District funds shall ever be used for membership, or for any participation involving financial payment or contribution on behalf of the District or any individual employed by or associated with it, to any private organization whose membership practices are discriminatory on the basis of national origin, religion, age, gender, gender identity, gender expression, race, color, medical condition, genetic information, ancestry, sexual orientation, marital status, physical or mental disability, pregnancy, or military and veteran status, or because he or she is perceived to have one or more of the foregoing characteristics, or because of his or her association with a person or group with one or more of these actual or perceived characteristics. Inquiries regarding compliance and/or grievance procedures may be directed to RSCCD Title IX Officer and Section 504/ADA Coordinator: John Didion, 2323 N. Broadway, Santa Ana, CA 92706, 714-480-7489.

SPRING 2015

Community Services Program

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Community Services Staff

Terri Hawn Lithia Williams

Office Hours

Monday-Friday 9:00am-4:30pm

Call: 714-564-6594 **Fax:** 714-564-6309 **Web:** www.sac.edu/cms

Hey ACTIVE ADULTS 55+



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ACTIVE ADULTS

CHAIR YOGA

Kundalini Chair Yoga is a gentle form of deep breathing, relaxation and mediation. This class will introduce students to a set of exercises that will relieve tension and stress; rejuvenate and replenish energy levels; increase your strength, flexibility and concentration.

Event 97158 11:10a-12:10p	Wednesday	SAC W-107	02/11-03/11
Fee: \$25/person	-	5 sessions	Ernotte, B
Event 97159 11:10a-12:10p	Wednesday	SAC W-107	03/18-04/15
Fee: \$25/person	-	5 sessions	Ernotte, B
Event 97161 11:10a-12:10p	Wednesday	SAC W-107	04/22-05/20
Fee: \$25/person	-	5 sessions	Ernotte, B

TAI CHI

Join us as we create energy in our bodies, while learning to breath, strengthen posture and increase circulation. We will use slow body movements combining Tai Chi & Yoga to focus on balance and stability using chairs.

Event 97171	9:00a-10:00a	Friday	SAC W-107	02/20-03/20
Fee: \$25/pers	on	•	5 sessions	Burchfiel, S

CLAY SCULPTING

In this class you will create beautiful and meaningful pieces of art. Whether it's a simple bowl or an abstract shape, the clay is simply a tool for personal expression. A \$5 material fee is payable in class.

 Event 97129
 6:00p-8:00p
 Wednesday
 SAC C-105
 03/11-03/25

 Fee: \$44/person
 3 sessions
 McCampbell, S

WHOLE BODY FITNESS

Join us in this low impact class using weights, bands and balls to fun music! Using chairs, we will focus on low impact cardio, toning, stretching and balance for all parts of our body, including our brains, eyes and hands.



Event 97266	5:45p-6:45p	Wednesday	Mendez Fundamental, Room 102	02/18-03/18
Fee: \$36/pers	son	-	5 sessions	Burchfiel, S
Event 97286	5:45p-6:45p	Wednesday	Mendez Fundamental, Room 102	03/25 - 04/29
Fee: \$36/pers	son	-	5 sessions (no class 4/8)	Burchfiel, S
Event 97287	5:45p-6:45p	Wednesday	Mendez Fundamental, Room 102	05/06-06/03
Fee: \$36/per:	son	•	5 sessions	Burchfiel, S

Mendez Fundamental, 2000 N. Bristol St., Santa Ana

GOLF-FIT

Muscles are the key ingredient in helping you drive the ball further and with more accuracy. This strength training exercise class strengthens and conditions the muscles of the back, legs, hips, chest, shoulders and arms. We'll work on golf specific exercises and stretches that will help improve your golf game. Recommended for all golfers, beginners to advanced. Enrollment is open to all adults ages 18 to 90. Bring a set of 2-5 pound (each) dumbbells (depending on your age and strength), your 5-iron, a stretch band and water to drink. Classes are taught by a certified instructor. **An optional \$12 material fee is payable in class to instructor.**

Event 97132 12:00p-1:00p Saturday SAC W-107 02/28-05/02 Fee: \$109/person 8 sessions (no class 4/4 & 4/11) Geri-Fit, LLC

Register day or night online @ www.sac.edu/cms















SANTA ANA COLLEGE A TRADITION of EXCELLENCE... A Foundation For Success

In 2015, Santa Ana College is having a birthday and it's a big one. The college will turn 100 years old!

- Did you play sports at Santa Ana College?
- Did you fall in love at Santa Ana College?
- Did you graduate from Santa Ana College?
- Did Santa Ana College set you on the path to success in life?

If so, we invite you to connect with us so you can join in the fun of the Santa Ana College 100-year celebration. After all, it only comes around once!

Visit www.sac.edu/100 to get on the centennial interest list or call the Santa Ana College Foundation at 714.564.6091 today.



ELDER CARE - GOV'T GRANTS & SUBSIDIES

This workshop is designed to educate, clarify, and empower you with options and directions. Learn special laws that can eliminate spend down, forfeiture, penalties, and liens. Educate yourself and take that first step towards protecting your family, your home and your savings from the devastating cost of long term care. Millions of dollars in government funds go unclaimed and unused every year, only because people don't know they exist or how the application process works. This program is available for everybody who needs nursing home eldercare. Learn how the long term healthcare system works, and how to legally make it work for you.

 Event 97292
 2:00p-4:00p
 Tuesday
 SAC I-108
 03/03

 Fee: \$25/person
 1 session
 Leiter, C

VA BENEFITS FOR ELDERCARE

There are pension benefits available to veterans who have NOT sustained a disability during their military service. Unfortunately these provisions are not widely known and thousands of eligible veterans and their spouses fail to apply. Come learn about these VA Benefits, how to qualify, how to apply, how much you can receive and how these benefits can pay for home care, assisted living facilities, and long term nursing home care.

Event 97319 2:00p-4:00p Tuesday SAC I-108 05/05 Fee: \$25/person 1 session Leiter, C

IPHONES, IPADS, AND I'M LOST

Today's iPhone® and iPad® do so much more than simply make phone calls or send text messages. With either of these new devices you now have a computer, Web browser, eBook reader, personal organizer, and more - all in your hand! In this entertaining class, you will learn how to set up your iPhone® and/or iPad® for email, texting, WiFi networks, and Bluetooth and how to best sync with your computer using iTunes®. You also will discover how to take terrific photos and send them to friends, install apps, and figure out the best apps to make your iPhone® and/or iPad® smarter. A \$30 material fee is payable in class.

 Event 97577
 6:30p-9:30p
 Thursday
 SAC VL-207
 03/12

 Fee: \$39/person
 1 session
 Cohen, R

JUICING FOR LIFE

This class will teach the basics of juicing and blending both fruits and vegetables with tasty combinations to sample. Learn about juice flushing for health, weight loss, detoxification and vitality. Come to this class if: you have a juicer or vitamix hidden in your kitchen; you would rather DRINK your vegetables than eat them; you would like to buy a juicer, but want more information before making this major purchase; would like new and fresh recipes; quick and easy breakfast or lunch solutions. A \$20 material fee is payable in class.

 Event 97581
 2:30p-5:30p
 Saturday
 SAC T-212
 05/09

 Fee: \$30/person
 1 session
 Sobel, B

COMPUTER BASICS

Used a computer for years but never learned the basics? Never used a computer? Learn current computer terminology, identify computer components, proper use of USB/jump drives, file size measurement, and helpful tips to make using the computer easier and faster.

 Event 97567
 1:00p-5:00p
 Saturday
 SAC A-224
 02/21

 Fee: \$44/person
 1 session
 Dumon, D

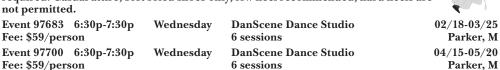
AQUA AEROBICS (AGES 15+)

Stay fit while working out in the shallow end of the pool. The buoyancy of the water tones muscle, and makes you feel energized without the stress on your joints. We will use pool noodles for resistance if you choose. This fun workout is great for any level!



BEGINNING BALLROOM

At a social level, you will learn to dance stationary and around an entire ballroom. While learning to lead/follow, rhythm patterns, and turns, you will be taught technique and better posture that builds confidence on and off the dance floor. No partner required. Casual attire, soft soled shoes only, low heel recommended; hard heels are not permitted.



DanScene Dance Studio, 2980 McClintock Way, Suite B, Costa Mesa

SOCIAL SECURITY PITFALLS

Hidden deep within the 2700+ rules in the social security handbook are a number of pitfalls that are not obvious to the average benefit recipient. This class is designed to bring clarity to some of the confusing rules and help you avoid forgoing thousands of dollars over your lifetime. It is not enough to learn how to maximize your Social Security benefits; you have to also learn how to identify the warning signs.

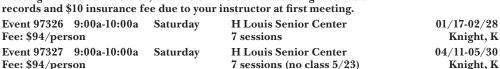
 Event 97829 6:30p-8:30p
 Thursday
 SAC VL-105
 04/02

 Fee: \$29/person; \$44/couple
 1 session
 Pak, J

ANIMAL CARE

DOG OBEDIENCE

Give your dog a new leash on life! This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months) Exercises will include the proper heel command, automatic sit, sit-stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. The first meeting will be an orientation, WITHOUT DOGS. Please bring vaccination records and \$10 insurance fee due to your instructor at first meeting.



H Louis Senior Center, 11300 Stanford, (between 9th & Euclid), Garden Grove

DO YOU HAVE A GREAT IDEA FOR A NEW CLASS?

We're always looking for teachers who have developed classes in:

Arts & Crafts • Real Estate • Business & Careers • Dance • Health & Beauty • College for Kids

Mail a proposal to:

Santa Ana College-Community Services Program, Attn: Lithia Williams, Program Coordinator 1530 W. 17th St. Santa Ana, CA 92706 • Email: williams_lithia@sac.edu

DOG MANNERS "CRASH COURSE"

Accomplish your dog training goals and get behavior problems under control in just 4 weeks! Exercises include: controlled walking on a leash, sit and down on command, sit-stay, down-stay, and come commands. Bad habits such as chewing, digging, counter-surfing and jumping on people, will also be addressed. For dogs 4 months and older. Dogs attend all meetings, and pre-registration is required so we may brief you prior to first class. Please bring a copy of current vaccination records and \$5 material fee to first lesson.

Event 97332 7:00p-8:15p	Tuesday	Fountain Valley Recreational Center	02/17-03/10
Fee: \$84/person		4 sessions	Knight, K
Event 97333 7:00p-8:15p	Tuesday	Fountain Valley Recreational Center	05/05 - 05/26
Fee: \$84/person	_	4 sessions	Knight, K

Fountain Valley Recreational Center, 16400 Brookhurst Ave at Heil, Fountain Valley

FRISBEE DOGS! CATCH THE FUN!

In this one-day workshop, your dog can start learning the fun sport of Toss-N-Fetch from an avid Dog-Disc competitor, David Procida. Includes instruction on proper Frisbee throwing techniques, getting your dog motivated to catch a disc AND bring it back to you, and an introduction to some stunts, including spins and weaving through your legs. Please preregister, and bring vaccination records, your dog, and \$5 material fee (includes a Frisbee).



Event 97328 1:00p-2:30p 01/25 Sunday Fountain Valley Recreational Center Fee: \$34/person 1 session Procida, D 04/26 Event 97329 1:00p-2:30p Sunday Fountain Valley Recreational Center 1 session Fee: \$34/person Procida, D

Fountain Valley Recreational Center, 16400 Brookhurst Ave (at Heil), Fountain Valley

PET TECH® PET SAVER

the instructor. Do not bring your pet!

This 8-hour course covers basic care, first aid and CPR for cats and dogs! Topics include: vital signs, administering medications, handling fractures, seizures, and shock, caring for senior pets, dental care and more. Be prepared - know what to do if pet "Fido" gets sick or injured! Skills are taught and practiced on stuffed animals. A \$10 material fee is payable in class to

Event 97340 9:00a-5:30p **SAC VL-306** 03/28Saturday Fee: \$99/person 1 session Reick, J Event 97341 9:00a-5:30p **SAC VL-306** 06/06Saturday Fee: \$99/person 1 session Reick, J

AROUND THE HOME & GARDEN

INTRO TO FURNITURE UPHOLSTERY

Students will learn the basic steps, terminology, and procedures required for beginning upholstery projects. This session will discuss procedures for projects that include dining room chairs, footstools, ottomans, or small bedroom chairs. The first class meeting is an one hour ORIENTATION from 6 pm to 7pm. A supply list will be provided in class.

Event 97403 6:00p-9:00p **Tuesday SAC C-106** 04/14-05/19 Fee: \$99/person 6 sessions Dominguez, P



SUCCULENT CONTAINER GARDENING

Come create a beautiful focal point for your table or garden using succulents. Learn the technique of this container design using soil, rocks, and various succulents. Grown as ornamental plants due to their striking appearance, succulents are hardy, easy to care for and are perfect plants year round. Material fees are payable in class and will vary from \$5 and up based on personal preference.



Event 97322 1:30p-3:30p The Dragonfly Shops & Gardens Saturday Fee: \$10/person Anne, The Barefoot Gardener 1 session

The Dragonfly Shops & Gardens, 260 N. Glassell St. Orange

MINIATURE GARDENS

Come learn how to create one of the hottest trends in gardening. Design and accessorize your enchanted miniature garden with a selection of decorative miniatures including fences, arches, fairies and more. Easy to switch up for holidays and so trendy! Material fees are payable in class and will vary from \$10 and up based on personal preference.

Event 97323 10:30a-12:30p Saturday The Dragonfly Shops & Gardens 05/16Fee: \$10/person 1 session Anne, The Barefoot Gardener

The Dragonfly Shops & Gardens, 260 N. Glassell St. Orange

ARTS & CRAFTS

CANDLEMAKING

Decorating with candles makes a beautiful addition to any home. Fragrant, multi-colored candles also make great gifts! Join us to create unique gifts for any occasion, maybe even start your own candle business! Topics include: getting started, different types of candles, using molds, how to add fragrance and natural color additives, resources for materials and supplies. Students will make 3-5 candles in this hands-on workshop. Please dress accordingly. A \$15 material fee is payable at the door to the instructor.



Event 97366 9:00a-12:00p	Saturday	SAC C-208	02/21
Fee: \$29/person	•	1 session	Abdul, Q
Event 97398 9:00a-12:00p	Saturday	SAC C-208	05/16
Fee: \$29/person		1 session	Abdul, Q

SOAPMAKING

Do you love the sensual pleasure of beautiful aromatic soaps? Why not learn to make your own? It's easier than you think. Custom-made soaps are perfect for gifts, bathroom decor and people with sensitive skin. You will create 4 - 6 different soaps, layer colors, use molds, add fragrances, herbs or toys. Express your creativity in this hands-on class. Please dress accordingly. A \$15 material fee is payable at the door to the instructor.

Event 97400 2:00p-5:00p	Saturday	SAC C-208	02/21
Fee: \$29/person	•	1 session	Abdul, Q
Event 97401 2:00p-5:00p	Saturday	SAC C-208	05/16
Fee: \$29/person		1 session	Abdul, Q

MOSAIC STEPPING STONE WORKSHOP

Join us as we discover and explore the wonderful world of mosaics! In this class, you will create a mosaic stepping stone using broken tile, with your own design, inspiration and creativity that will last in your garden for years. Composition, design and color will be discussed. A \$25 material fee is payable to the instruction.

Event 97324 10:00a-12:00p	Saturday	The Dragonfly Shops & Gardens	02/07-02/21
Fee: \$70/person	•	3 sessions	Kahrilas, K
Event 97325 7:00p-9:00p	Wednesday	The Dragonfly Shops & Gardens	04/08 - 04/22
Fee: \$70/person		3 sessions	Kahrilas, K

The Dragonfly Shops & Gardens, 260 N. Glassell St. Orange

BEADS, CRYSTALS & SEMI-PRECIOUS STONES

This beginning jewelry design class will introduce students to basic jewelry construction. Learn designing techniques using bead wire, toggles, clasps, eye/head pins and hooks. Students will have a choice to create a necklace and earring set or necklace and bracelet set using beads, crystals or semi-precious stones. Students should bring a pair of the following tools to class: round nose pliers, chain nose pliers, wire cutters and crimping pliers (optional). These tools can be purchased at hardware or craft stores. A \$20 material fee is payable in class.

Event 97362 6:00p-9:00p	Thursday	SAC B-11	02/26
Fee: \$25/person	-	1 session	Burns, B

JEWELRY DESIGN-PEARL KNOTTING

Students will enjoy silk-knotting a necklace or bracelet into a one of a kind piece of jewelry. Several styles and techniques will be taught using glass pearls, silk cord and your choice of silver or gold tone clasps. Students should bring a pair of round nose pliers, wire cutters and chain nose pliers to class. These tools can be purchased at hardware or craft stores. A \$20 material fee is payable at the door.

Event 97364 6:00p-9:00p	Thursday	SAC B-11	04/30
Fee: \$25/person	-	1 session	Burns, B

CREATIVE JEWELRY DESIGNING

Creating jewelry in this class requires some previous experience. At this level participants will learn how to coordinate and design a multi-strand or multi-drop design necklace using wire linking techniques. Develop your own style of jewelry with eye-pins, semi-precious stones, glass beads and crystals. Students will take home a necklace and earring set or a necklace and bracelet set. Students should bring a pair of the following tools to class: round nose pliers, chain nose pliers, wire cutters and crimping pliers (optional). These tools can be purchased at hardware or craft stores. A \$20 material fee is payable in class.

Event 97365 6:00p-9:00p	Thursday	SAC B-11	05/28
Fee: \$25/person	-	1 session	Burns, B

BASIC WIRE-WRAPPING

This hand-wiring class will teach you techniques to design and create beautiful jewelry at a fraction of the cost of retail. With simple wire-wrapping techniques learned in class you'll create a bracelet and earring set using sterling silver or gold filled wires to link semi-precious stones, beads or crystals. Students should bring a pair of the following tools to class: round nose pliers, chain nose pliers, wire cutters and crimping pliers (optional). These tools can be purchased at hardware or craft stores. A \$20 material fee is payable in class.



 Event 97363 6:00p-9:00p
 Thursday
 SAC B-11
 03/12

 Fee: \$25/person
 1 session
 Burns, B

CREATIVE GREETING CARDS

These workshops will introduce you to the art of quilling or iris folding. Come create a variety of greetings cards with decorative coils, delicate shapes or beautiful embellishments created from layered patterns of folded strips of paper. Show someone how much you care by adding a personal touch to a special note or card. A \$10 material fee is payable at the door.

Event 97342 6:00p-9:00p	Thursday	SAC B-11	04/16
Fee: \$29/person	•	1 session, Art of Quilling	Burns, B
Event 97343 6:00p-9:00p	Thursday	SAC B-11	05/07
Fee: \$29/person	•	1 session, Art of Iris Folding	Burns, B

KNIFTY KNITTING (HAT)

Knitting is a craft that is easy, fun and relaxing. By applying the basic principles of casting on, stitching, looping and binding off, students will loom stylish accessories to wear, sell or give away as gifts. Students should bring a round loom kit, 2 skeins and hook to class.

Event 97361	6:00p-9:00p	Thursday	SAC B-11	02/12
Fee: \$29/pers	on		1 session	Burns B

WEDDING FLORAL DESIGNS

Students will learn the fundamentals of planning a wedding day. Topics include a consultation with the bride and groom, developing timelines, budget, contracts and more. Floral designs will include boutonnieres, corsages, bridal bouquets, flower girl and ring bearer flowers. Traditional and cultural decoration concepts for the church, reception hall, centerpieces, and table set-ups will be discussed. A \$65 material fee is payable in class to the instructor.

Event 98314 9:00a-11:00a Saturday Mina Wholesale Flowers 03/07-03/28 Fee: \$65/person 4 sessions Asadirad, M

Mina Wholesale Flowers: 1918 E. Edinger Ave., Santa Ana

AUTOMOTIVE TECHNOLOGY

DMV APPROVED AUTO WHOLESALE BUSINESS

Come learn to make extra money buying and selling wholesale car as a home-based business; or, simply buy cars for your friends, family and co-workers at great wholesales prices. You can earn \$3000 just selling 3-4 cars a month. In this DMV approved course, you learn how to get your auto dealer license and how to operate a profitable used car business. Find out the how and where of buying at wholesale prices and how to sell at retail for very good profits. You'll get a FREE list of all the dealer-only auctions in the USA. You'll receive a DMV certificate of completion at the end of class. A \$ 20 material fee is payable at the door.



Event 97404 6:00p-9:00p Mon., Tues. SAC VL-307 03/09 & 03/10 Fee: \$85/person 2 sessions Williams, W

BUSINESS & CAREERS

HOW TO SELL ON EBAY

Do you have rooms, closets, drawers and garages full of items you're holding on to? Are you paying storage on items that no longer fit in your home? Why not make money and help others at the same time? Learn business savvy approaches on how to organize, categorize, write posts, and sell your items on eBay.

 Event 97457
 6:30p-8:30p
 Wednesday
 SAC VL-205
 02/18 & 02/25

 Fee: \$59/person
 2 sessions
 Greenspan, F

Check out Travel Tours on page 26

QUICKBOOKS ACCOUNTING & TAXES

Gain a marketable business skill or take control of your business finances by learning the basic concepts of Quickbooks. Topics include: customers, vendors, items, invoices; cash sales receipts; accounts receivable & payable; check and credit card transactions; receiving and depositing payments; reconciling financial reports. QuickBooks Pro is an accounting software application designed for the non-accountant in mind. Some accounting knowledge is recommended but not required.

 Event 97451
 6:00p-9:00p
 Thursday
 SAC A-228
 02/19-03/12

 Fee: \$89/person
 4 sessions
 Figueroa, M

SMALL BUSINESS BOOKKEEPING & TAXES

Bookkeeping is a step-by-step approach to recording daily operational financial transactions in a small business organization. Students will learn how to set up accounting journals, analyze, interpret financials, and prepare financial statements. Topics include: accounting principles, budgeting, accounts receivables, expenditures, accounts payable, payroll, and preparation of Federal taxes for a small business. The course concludes with a Federal tax workshop presented by the Internal Revenue Service!

 Event 97407
 6:00p-9:00p
 Wednesday
 SAC B-19
 02/04-03/11

 Fee: \$99/person
 6 sessions
 Famolaro, P

CASH IN WITH A SUCCESSFUL HOME-BASED BUSINESS

Are you tired of working for someone else? Do you need to increase your income? Turn your talents and hobbies into profit at home by learning how to start a part-time or full-time home-based business. During this comprehensive workshop, you will discover many details including: 100 home business ideas, mandatory legal documentation, effective ways to market your product or service, taking tax deductions (including this workshop), and free future individual Q & A opportunities. If you want to succeed in a home business, this step-by-step workshop is a must! A \$20 material fee is payable at the door.

Event 97466 6:00p-8:00p Wednesday SAC B-17 03/11 Fee: \$29/person 1 session Krusemark, L

MAKE MONEY TYPING/WORD PROCESSING BUSINESS

If you can type, then you can make money at home using your computer. Following a review of the steps necessary to start a profitable, legal business at home, you will then discover the secrets to success in the word processing business. Prerequisite: How to Cash In With A Successful Home-Based Business. A \$10 material fee is payable in class.

Event 97467 8:00p-9:00p Wednesday SAC B-17 03/11 Fee: \$15/person 1 session Krusemark, L

BEGINNER'S GUIDE TO GETTING PUBLISHED

Did you know that Stephen King was rejected more than 75 times before he sold his first novel? If your goal is to become a published freelance writer, this comprehensive workshop will guide you to the editor's desk. Learn how to become a published writer, submit manuscripts the correct way, and write an irresistible query letter. Discover over 100 ways to make money as a freelance writer. A \$20 material fee is payable at the door.

Event 97464 3:00p-5:00pWednesdaySAC B-1703/11Fee: \$29/person1 sessionKrusemark, L

MEET THE PUBLISHER: GET YOUR MANUSCRIPT CRITIQUED

Have you ever wanted to talk to a real publisher? This class will explain the pros and cons of mainstream publishing, self-publishing options and the critiquing process. Following a short, fact-filled lecture and Q&A you have the option of having your poetry, articles, short story, novel, children's book, etc professionally critiqued. Students may leave a copy of their work with the instructor for a written assessment of their manuscript along with a list of publishers. An optional \$50 fee will be charged for these services. A \$10 material fee is payable at the door for a detailed workbook.

Event 97465 5:00p-6:00p Wednesday SAC B-17 03/11 Fee: \$15/person 1 session Krusemark, L

SELF PUBLISHING VS. TRADITIONAL PUBLISHING

Self Publishing is all the rage, but is it the best option for YOU? Once you self publish, then what? You will learn about the pros and cons of traditional publishing and all of the self publishing options, including vanity publishing, print on demand publishing, e-book publishing, and the Amazon options of Kindle Publishing and Create Space. You will also learn, how to find the best traditional publisher or the best self publishing company for your manuscript. A \$10 materials fee is payable to instructor at the door.

Event 97463 2:00p-3:00p Wednesday SAC B-17 03/11 Fee: \$10/person 1 session Krusemark, L

BECOME A LOAN SIGNING AGENT

California's real estate industry is in need of notaries and others who are interested in becoming loan document specialists. Topics will include: how to contact the most lucrative and profitable businesses, primary contacts, getting signed with successful services and agencies, and how to develop and build your own business. Learn to properly notarize loan packages. We will discuss how to negotiate your fee and advertise yourself in your market. Receive a free listing of 50 loan-signing companies that are looking for notaries. Participants awaiting Notary commission and/or exam results may register. A \$40 material fee for a resource book is payable at the door. An optional certificate of completion is available for \$20.

Event 97470 9:00a-4:00p Saturday SAC I-104 03/28 Fee: \$89/person 1 session Notary Public Seminars

CART VENDING

Discover the lucrative business of cart vending. By selling food, souvenirs, and seasonal memorabilia you can earn \$60,000 a year working part-time. Discussions include: locating prime locations, bookkeeping and taxes, licenses and permits, health department regulations, insurance requirements, product sources and pricing. This is a great time to invest in a low cost, low risk, all cash business. **A \$30 material fee is payable at the door.**



Event 97449 9:30a-12:30pSaturdaySAC I-10304/18Fee: \$39/person1 sessionKonstant, E

SMALL BUSINESS MANAGEMENT SERIES

This informative small business management series is a complete overview on how to start and operate a successful organization. Discussions include key strategies for planning, finance, liabilities & taxes, hiring & managing personnel, and marketing. Participant completing all five classes will receive a certificate of completion. A \$30 material fee is payable at the door to the instructor. Each class is \$49 or receive more than 15% discount when you register for the series.

 Event 97408
 6:30p-9:30p
 Tuesday
 SAC VL-209
 03/03-03/31

 Fee: \$199/person
 5 sessions
 Konstant, E

BUSINESS PLANNING

Participants will learn how to write an objective business plan. Discover how to increase productivity, manage work flow and measure performance by using basic business practices. A \$10 material fee is payable at the door.

Event 97413 6:30p-9:30p Tuesday SAC VL-209 03/03 Fee: \$49/person 1 session Konstant, E

BUSINESS FINANCIALS

Learn how to read a P&L statement and balance sheet to determine the financial stability of your business. Turn your business into an appreciating asset that is generating revenue that yields a net profit. A \$10 material fee is payable at the door to the instructor.

Event 97443 6:30p-9:30p Tuesday SAC VL-209 03/10 Fee: \$49/person 1 session Konstant, E

POLICIES, PROCEDURES & SYSTEM OPERATIONS

All companies big and small need standard policies and procedures. Learn how to develop and implement organizational guidelines which are key components in any business operation. A \$10 material fee is payable at the door to the instructor.

Event 97444 6:30p-9:30p Tuesday SAC VL-209 03/17 Fee: \$49/person 1 session Konstant, E

PERSONNEL & HUMAN RESOURCES

Does your business have adequate systems set in place to maintain an efficient human resource department? Topics discussed in this workshop will cover recruiting, selecting & hiring practices, how to process documents for compensation claims, orientation, training and motivating employees. A \$10 material fee is payable at the door to the instructor.

Event 97446 6:30p-9:30p Tuesday SAC VL-209 03/24 Fee: \$49/person 1 session Konstant, E

SALES AND MARKETING

Do you have a high customer base that supports your business? Establishing and positioning your business for optimum sales gains will be examined in this final workshop. Learn how to establish a unique marketing position, five ways to sell anything to anybody, pre-empting competition and advertising presentations. A \$10 material fee is payable at the door to the instructor.

Event 97447 6:30p-9:30pTuesdaySAC VL-20903/31Fee: \$49/person1 sessionKonstant, E

BECOME A NOTARY PUBLIC

Start your own business, become a more valuable employee, provide customer service for your business or organization, earn additional income and get recommissioned. This intensive one-day seminar is designed to equip you with everything you need to know to become an effective Notary. You will find out about new legislation as well as how to pass the official Notary exam (must be taken every 4 years), identify document signers, keep a journal, fill out certificates and avoid lawsuits. The class includes a practice Notary Public Exam. A \$30 manual fee is payable to the instructor. PLEASE NOTE: Arrive early. Due to State regulations, no one will be admitted to the classroom after 8:30 a.m. You must be on time when returning to the classroom from breaks.

Event 97468 8:00a-6:00p Saturday **SAC A-130** 03/14 **Notary Public Seminars** Fee: \$85/person 1 session

NEW/RENEWING - NOTARY EXAM INFORMATION					
Registration:	4:00 – 5:00pm	Requirements:	Legal resident of California (military excluded)		
Exam:	5:00 – 6:00pm	Photograph:	2x2 passport color photo		
Payment:	\$40 check payable to Secretary of State	Age:	18+		
Identification:	Valid Driver's License or state issued ID with photo	Materials:	#2 pencil		
Live Scan Fingerprints required after you pass the exam.					

RENEWING NOTARIES – 3 HOUR STATE REQUIRED

Renewing Notaries may take a three hour Approved Notary Refresher course. We will review all laws and regulations you are required to know to continue as a Notary. You must take the exam and be fingerprinted again. A 6 hour approved course must be taken first without a lapse in your commission." Commission is valid for 4 years. Serious conviction may disqualify applicant. A \$30 material fee is payable in class to the instructor.

Event 97469 12:45p-6:00p Saturday Fee: \$49/person

SAC A-130 1 session

Notary Public Seminars

CONTRACTING LICENSE



This course is designed for students interested in exploring career opportunities in General Contracting and/or sub-contracting for any trade. The main goal of the course is to help students who want to prepare for the California Contracting License Examination, by the Contactors State License Broad (CSLB). Also, current contractors will be interested, in order to enhance their law and business skills. Learn how to properly prepare a bid, and how to effectively manage a building construction project.

Event 97462 6:00p-9:00p Fee: \$99/person

Thursday

SAC VL-204 6 sessions

04/30-06/04 Famolaro, P

04/18-05/09

Asadirad, M

03/14

BECOME A FLORAL DESIGNER

Students will learn principles of flower arranging including composition and color coordination. Course will cover topics such as proper usage of mechanical supplies, handling of flowers and foliages, flower and foliage identification, pricing of arrangements, and proper design techniques. Students will learn merchandising, marketing and pricing for their own home based business. Upon completion of all appropriate classes, students will be proficient enough to find employment in the floral industry or to start and maintain their own home based business. Students should bring a pair of pruning shears to class. A material fee of \$65 is payable to the instructor. Event 97453 9:00a-11:00a Saturday Mina Wholesale Flowers

4 sessions

Mina Wholesale Flowers: 1918 E. Edinger Ave, Santa Ana

MAKEUP 101

Fee: \$65/person

Makeup 101 is for people who want to learn the basic steps to be your own makeup artist. This class will educate you in makeup application and foundation selection, including a basic understanding of face shapes, bone structures, hues and what eye shadows to use. The class will cover day and evening looks, plus natural bold and trendy runway looks. You will learn how to correct and reshape brows, as well as how to apply eye lashes. You will learn blending techniques, shading and contouring to create the most glamorous looks. A step by step application will be supervised by the instructor. Each student will receive a certificate of completion. A \$30 makeup kit fee is payable at the door. (Cash only)

SAC I-201 03/07 Event 97482 9:00a-11:30a Saturday Fee: \$65/person 1 session Jackson, M

REGISTER EARLY!

Classes may fill quickly or cancel due to low enrollment.

GRANT WRITING FUNDAMENTALS

Take part in an informative hands-on workshop created for new and experienced grant writers. All individuals from executive directors to development officers will benefit by taking a detailed look at the grant writing process. You will learn how funding is announced, how applications are judged, and how to construct a winning proposal. A \$30 material fee is payable at the door.

Tue., Thurs. SAC VL-109 Event 97479 6:00p-9:00p 02/24 & 02/26 Fee: \$69/person 2 sessions Drew, J

VOICE-OVERS: YOU'RE ON THE AIR

In what could be the one of most enlightening 2 hours you've ever spent, this class will show you how YOU could actually begin using your speaking voice for commercials, films, videos and more! Most people go about it the wrong way. In this class, you will learn about a unique, outside the box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for!



Event 97450 6:30p-8:30p Thursday SAC VL-105 04/30Fee: \$29/person Such A Voice

CONSTRUCTION FOR HOME IMPROVEMENT

Participants will learn how to construct an entire building in accordance with the Uniform Building Code (UBC). Instruction includes concrete slabs and above-ground foundations, wood framing, roofing, insulation, drywall, and stucco. Students will receive limited hands-on training. A certificate of completion will be given on the last day of class.

Event 97321 6:00p-9:00p **SAC VL-204** 03/12-04/23 **Thursday** Fee: \$99/person 6 sessions (no class 4/9) Famolaro, P

RÉSUMÉ WRITING & INTERVIEW PREP

Get expert advice on where to search for employment; how to position yourself for promotional opportunities; résumé essentials emphasizing business writing; the do's and don'ts of the interview process. Participants should bring their resume and cover letter to class.

Event 97452 9:00a-12:00p Saturday **SAC I-104** 02/21Fee: \$29/person Gonzalez, S

BECOME AN INFLUENTIAL COMMUNICATOR

and in the classroom. The ability to communicate effectively is essential in every area of your life. Topics include: developing active listening skills, learning to read signals, public speaking secrets, understanding and relating to your audience, finding common ground, the power of storytelling and communication etiquette in all forms. A \$10 material fee is payable in class to

Become a more influential and competent communicator at your place of business, at home,

03/07 Event 97831 10:00a-3:00p **SAC I-104** Saturday Marcouillier, D Fee: \$49/person 1 session

LIVING LIFE BY DESIGN

This fun, engaging, class teaches how to use the discipline of goal setting to achieve what you want. These techniques will assist you with all of your goals and dreams, health, income, relationships, career, education, or something completely unique to you. You will design a personal action plan and discover how to live a life by design. A \$10 material fee is payable in class.

Event 97833 10:00a-4:00p **SAC VL-103** 01/31 Saturday Fee: \$59/person Marcouillier, D

BECOME A SUCCESSFUL PROPERTY MANAGER

Buying and holding rental property is a fantastic way to generate cash flow and build wealth. This workshop provides proven solutions to help you do just that. Learn the secrets of the pros and cons: screen and qualify right tenants, remain in compliance with California tenant landlord laws, enforce penalties and evictions, collect rent and preparer property to market and write an effective, legal and enforceable lease agreement. A \$35 material fee includes book and is payable at the door.

Event 97475 6:30p-9:30p **SAC VL-307 Thursday** Larkin, P & K Fee: \$49/person 1 session

REFUND & TRANSFER POLICY

- Refund & transfer requests are accepted 3 business days prior to class and are subject to a \$10 processing fee per person, per class.
- Refunds are not issued after class is held.

LET YOUR EMPLOYER SEND YOU TO CLASS!

...It may be as simple as asking

- Your employer will appreciate your desire to improve your skills.
- · Put your request in a memo.
- Attach the class description to your memo.
- Stress the benefits, emphasizing how it will help you perform better.
- Compare pricing and convenience your employer will be pleased to know they are making a small investment for a LARGE return.

CULTIVATING EMPLOYEE RELATIONSHIPS HR SERIES

This comprehensive three course Human Resource Certificate Program is designed to provide a practical look at three key HR functions. Classes are \$39 each or \$99 for the series, a 15% savings. A \$5 material fee is payable in class. Participants completing all sessions will receive a certificate. Bring a sack lunch.

Event 97814 9:00a-3:00p Saturday **SAC I-104** 03/21Fee: \$99/person Pratt, A 1 session

BEHAVIORAL INTERVIEWING HOW TO'S

Increase your interviewing effectiveness! Learn proven skills and tips that will help you best identify future employee behavior. Learn to not rely on "gut feels or hunches" when making very important hiring decisions. Includes steps to conduct effective behavioral interviews, evaluate the most successful candidates and avoid legal pitfalls.

Event 97815 9:00a-11:00a 03/21 Saturday Fee: \$39/person 1 session Pratt, A

NEW EMPLOYEE ORIENTATIONS & ONBOARDING

Maximize opportunities for success for your new employees! The faster we make new hires feel welcome and ready to tackle their new jobs the faster they will integrate and become an effective part of your organization. Help new hires adjust to their jobs by implementing a legally sound and effective on-boarding process that works. Do you know what forms are legally required for all new hires?

Event 97816 11:00a-1:00p **SAC I-104** 03/21Saturday Fee: \$39/person 1 session Pratt, A

HOW TO RECOGNIZE, REWARD & RETAIN TOP TALENT

We all want to keep our good employees! Learn what employees really want, and it may not be what you think it is! Reduce turnover, engage employees and retain your key staff with practical ideas learned in this workshop.

Event 97817 1:00p-3:00p Saturday **SAC I-104** 03/21 Fee: \$39/person 1 session Pratt A

AIRBRUSH ARTISTRY MAKEUP

This program is designed to teach the art of airbrush makeup. Participants will learn fullface beauty, foundation, blush, eye liner, eye shadow, innovative airbrush skills for bridal and day to evening makeup application. The first meeting is an Orientation. A material

fee of \$269 (cash only) is payable at the first meeting for an airbrush kit and makeup. An optional text book fee of \$25 is payable to the instructor. Participants completing all sessions will receive a certificate.

Event 97934 4:30p-5:30p Saturday SAC B-17 Orientation 02/21 9:00a-2:00p 02/28-03/21 Saturday Fee: \$195/person 5 sessions Rosales, E

HAIR EXTENSIONS 101

This "hands-on" workshop is designed to educate students and experienced stylists. Participants will be introduced to multiple methods of applying extensions, custom wig designs, the pros and cons for each method, and marketing and advertising for extension services. Each participant will apply the control of the services. Each participant will receive a certificate of completion. A material fee of \$159 (cash or credit card) is payable to the presenter at the first meeting. All items and books are included in fee.

04/18 & 04/25 Event 97847 9:00a-1:30p **SAC I-201** Saturday Fee: \$99/person 2 sessions Chambliss, T

Register day or night online @ www.sac.edu/cms











PARENTS

Please make sure you check your child in at his/her class and pick them up promptly after class.

COLLEGE FOR KIDS & TEENS

BEGINNING GUITAR (AGES 9-13)

Students will learn the basics of guitar playing in various accompaniments, melodies and solo styles. Guitar fundamentals, music reading, writing and composing songs will be discussed. Participants must bring their own guitar to class. An acoustic guitar is recommended. Parents and friends are invited to a performance on the last day of class.

Event 97866 4:30p-5:30p	Mon., Wed.,	SAC N-114	02/23-03/18
Fee: \$79/person		8 sessions	Baeza, J
Event 97867 4:30p-5:30p	Mon., Wed.,	SAC N-114	03/23-04/15
Fee: \$79/person		8 sessions	Baeza, J

READING DEVELOPMENT & COMPREHENSION (AGES 8-10)

Solid reading comprehension skills are the backbone of any student's academic success. This class will focus on fluency and comprehension. In addition to learning strong pre-reading skills, basic critical thinking, and how to use context clues, students will also have opportunities to engage in a variety of reading activities designed to address various learning styles. Students will increase their thinking skills as well as their ability to engage and interpret what they read. A \$10 material fee is payable in class to the instructor.



 Event 97659
 4:00p-5:00p
 Tue., Thurs.
 SAC B-17
 04/14-05/07

 Fee: \$89/person
 8 sessions
 Alpine Tutoring, Inc.

BASIC MATH (AGES 8-10)

This class is for students who have completed or will be enrolling in grade 3 or 4. Focus will be on: Addition, subtraction, multiplication, division, and beginning fractions and decimals. Students will receive group instruction as well as participate in math games. Curriculum is based on California State Standards for Mathematics. A \$10 material fee is payable in class.

Event 97660 5:00p-6:00p Tue., Thurs. SAC B-17 04/14-05/07 Fee: \$89/person 8 sessions Alpine Tutoring, Inc.

WRITING ACADEMY (AGES 8-12)

This class will focus on teaching students to organize and create cohesive paragraphs and short essays. In addition to strengthening brainstorming, outlining, sentence and paragraph construction, this class will also strengthen grammatical and spelling skills. Students will have opportunities to participate in class as well as individual writing exercises. A \$10 material fee is payable in class to the instructor.

Event 97662 5:00p-6:00p Mon., Wed., SAC B-18 03/02-03/25 Fee: \$89/person 8 sessions Alpine Tutoring

ONLINE DRIVER'S EDUCATION

Independence is just a click away. Complete your Driver's Education requirement from home on your computer. This is an interactive, online course with videos and animated driving scenarios. Learn the rules of the road, driver responsibility, DMV procedures and much more. Receive DMV-approved Certificate of Completion. A licensed instructor is available to answer any questions. Sign up anytime.

Event 97627 Online Instruction Fee: \$49/person Safety Driver's Ed.

ENGLISH COMPOSITION (AGES 9-12)

Students will review grammar and language skills and learn techniques to write using systematic outlining and note taking. Topics include: sentence and paragraph construction, with an emphasis on spelling and using the right word or phrase. Listening exercises, brainstorming, and troubleshooting will involve students in the intuitive and creative process of writing. Students will dissect short stories to illustrate outlining benefits. Students should bring a notebook, pencil, and dictionary/thesaurus to class. A \$5 material is payable at the door.

Event 97625 4:00p-5:30p Mo, Tu, We, Th, SAC I-201 03/09-03/12 Fee: \$59/person 4 sessions Neal, P

Registration for **ALL** College For Kids events must include a completed Medical/Waiver Release form, located on the inside back cover.

BASKETBALL CAMP (AGES 5+)

This camp welcomes both girls and boys to experience the benefits of learning the game of basketball. Practice will consist of ball-handling, dribbling, shooting, passing, rebounding, offense and defense drills. Each splayer will learn the importance of teamwork, working hard, while developing character, self-esteem and meeting new friends. Campers should bring their own basketball, a bottle of water and small towel each day to class.



Classes are 6 weeks, held In G-105, Schea Cotton Staff. Class fee: \$59 per event with \$10 material fee.

Ages 5-7			
Event 97635	4:30p-5:30p	Tuesday	02/24-03/31
Event 97641	4:30p-5:30p	Thursday	02/26-04/02
Event 97638	4:30p-5:30p	Tuesday	04/14-05/19
Event 97644	4:30p-5:30p	Thursday	04/16-05/21
Ages 8-12			
Event 97636	5:30p-6:30p	Tuesday	02/24-03/31
Event 97642	5:30p-6:30p	Thursday	02/26-04/02
Event 97639	5:30p-6:30p	Tuesday	04/14-05/19
Event 97645	5:30p-6:30p	Thursday	04/16-05/21
Ages 13+			
Event 97637	6:30p-7:30p	Tuesday	02/24-03/31
Event 97643	6:30p-7:30p	Thursday	02/26-04/02
Event 97640	6:30p-7:30p	Tuesday	04/14-05/19
Event 97646	6:30p-7:30p	Thursday	04/16-05/21
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SAT PREPARATION WORKSHOP

In this comprehensive preparation course, you will review all subsections of the SAT. Critical Reading Section consists of reading comprehension and sentence completions. The Writing section covers sentence, paragraph, and essay structure. The Mathematical Section reviews basic Arithmetic, Algebra, Geometry, student produced response, and calculator use. Learn valuable test taking strategies that include confidence building, reducing test anxiety, guessing tactics, pacing, and process of elimination. Each student will receive The Official CollegeBoard SAT Study Guide. Bring pen, pencil, calculator and sack lunch.



Event 97663	9:00a-3:00p	Saturday	Math & Reading	SAC I-103	02/21 & 02/28
	9:00a-12:00p	Saturday	Writing	SAC I-103	03/07
Fee: \$115/pe	rson	•	3 sessions		Alpine Tutoring
Event 97664	9:00a-3:00p	Saturday	Math & Reading	SAC I-108	05/02 & 05/09
	9:00a-12:00p	Saturday	Writing	SAC I-108	05/16
Fee: \$115/pe	rson	-	3 sessions		Alpine Tutoring

TEEN MAKEUP AND SKIN CARE (AGES 12+)

Master the step-by-step makeup application techniques to enhance your beauty. Succeed in covering and treating acne and dark under-eye circles. Learn how to take care of your skin, makeup applications and what colors work best for you. Understand your skin type and how to ensure beautiful clear skin. A \$30 material fee for a makeup kit is payable in class.(CASH ONLY)

 Event 97648 12:30p-3:00p
 Saturday
 SAC I-201
 03/07

 Fee: \$55/person
 1 session
 Jackson, M

ACT PREP WORKSHOP

This course will cover all elements of the ACT including math, science, reading, writing and grammar. Students will have opportunity to review the fundamental mathematical, scientific, vocabulary, critical thinking, reading, writing, and organizational skills essential for success on the ACT. Instruction will also include strategies needed for success: process of elimination, use of

on the AGT. Instruction will also include strategies needed for success: process of elimination, use of key words, time management, productive guessing, and more. Each session will be devoted to a single core ACT topic: math, science, then language arts. Each student will receive an ACT Comprehensive manual. **Bring pen, pencil, calculator and sack lunch.**

Event 976659:00a-3:30pSaturdaySAC I-20103/14-03/28Fee: \$115/person3 sessionsAlpine Tutoring

EARLY READER (AGES 6 & 7)

This class is for students who have or will attend 1st or 2nd grade. Solid reading skills are the backbone of any student's academic success. This class will focus on building phonics skills, sight word vocabulary, fluency and comprehension. Students will have opportunities to engage in a variety of reading activities designed to address various learning styles, and increase foundational reading skills. A \$10 material fee is payable in class to the instructor.

 Event 97657
 4:00p-5:00p
 Tue., Thurs.
 SAC B-17
 02/17-03/12

 Fee: \$89/person
 8 sessions
 Alpine Tutoring

TIPS FOR PARENTS

- Students are expected to abide by the rules of conduct for SAC students.
- Supervision in not provided before or after class.
- Check your child into class and promptly pickup your child after class.
- Orient your child to the location of classrooms & restrooms.
- 30 minute Visitor Parking, Lot #3, is available to drop off & pick up students.

BASIC MATH (AGES 6 & 7)

For students currently enrolled in 1st and 2nd grade. Join us as we review the basic Math skills that prepare students for future academic success. Class will focus on developing student's understanding of the Math fundamentals including addition, subtraction, multiplication, division, fractions and working with basic word problems. Students will receive group instruction as well as participate in math games. Curriculum is based on California State Standards for Mathematics. \$5 material fee is payable to the instructor.

Event 97658 5:00p-6:00p **SAC B-17** Tue., Thurs. 02/17-03/12 Fee: \$89/person 8 sessions **Alpine Tutoring**

WRITING ACADEMY (AGES 6 & 7)

This class is for elementary school students who have or will attend 1st and 2nd grade. This class will focus on teaching students to improve their spelling and handwriting skills, as well as learn how to write complete correct sentences. In addition to strengthening vocabulary, and sentence structure, this class will also strengthen reading skills, grammar and self expression. Students will have opportunities to participate in classroom as well as individual writing exercises. A \$10 material fee is payable in class.

SAC B-18 Event 97661 4:00p-5:00p Mon., Wed., 03/02-03/25 **Alpine Tutoring** Fee: \$89/person 8 sessions

SKILLS & DRILLS CLINIC (AGES 6+)

This camp welcomes boys and girls to experience the benefits of learning the game of basketball. Students will become physically fit, develop skills, gain confidence, and learn the importance of team work while meeting new friends. Campers should bring their own basketball, water bottle and small towel each day to class. A \$10 material fee is payable in class to

the instructor.

Event 97628 9:00a-2:00p **SAC G-105** 02/07Saturday Fee: \$79/person 1 session Cotton, S

SIGN UP FOR ALL THREE CHILD CREATIVITY LAB CLASSES AND PAY ONLY \$69.

FUN WITH PLASTIKOBOTS

Come experience an environmentally-friendly, educational and fun workshop using reclaimed plastics. Students will discover the evolution of plastic pollution and have fun designing a personal piece of artwork – a PLASTIKOBOTS! This activity will foster innovative creativity used for problem-solving and critical thinking.



NEW

Event 97651 2:30p-4:00p Tuesday **SAC B-18** Fee: \$25/person 1 session AGES 5 & 6 **Child Creativity Lab** Event 97652 4:30p-6:00p **SAC B-18** 04/14Tuesday Fee: \$25/person 1 session AGES 7-12 **Child Creativity Lab**

UNCORK CREATIVITY

Brave the troubled waters in the tub, pool or lake with your very own wine cork sail boat! Students will take part in reusing wine corks for unique projects that will spark creativity and uncork personality. This easy upcycled project will make sure your corks creativity and uncork personality. This easy upcycled project will make sure your corks don't go to waste.



Event 97653 2:30p-4:00p Wednesday **SAC B-18** 04/15Fee: \$25/person 1 session AGES 5 & 6 **Child Creativity Lab** Event 97654 4:30p-6:00p Wednesday **SAC B-18** 04/15Fee: \$25/person 1 session AGES 7-12 **Child Creativity Lab**

ARTISTIC SELF PORTRAITS

Self-portraiture is a visual creation of who you are and what matters most to you. In this workshop, students will create a self-portrait of themselves using reclaimed and repurposed materials.



Event 97655 2:30p-4:00p **Thursday SAC B-18** 04/16Fee: \$25/person 1 session AGES 5 & 6 **Child Creativity Lab** Event 97656 4:30p-6:00p Thursday **SAC B-18** Fee: \$25/person 1 session AGES 7-12 **Child Creativity Lab**



Career Training Programs

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Online Courses

Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Visit our website to view start dates for the courses that interest you.

Courses begin January 15, February 19, March 19, April 16, and May 21

Features:

- Facilitators and mentors are available to answer questions and help you through your studies
- Career Counselors will help you prepare for the transition from the classroom to the workplace

Programs are available in the following areas:

- · Business and Professional
- · Healthcare and Fitness
- Management and Corporate
- Media and Design
- · Hospitality and Gaming
- Skilled Trades and Industrial
- IT and Software Development
- · Courses are all open-enrollment and self paced
- All materials, workbooks, and software are included
- · Payment plans available

Pharmacy Technician

This nationally recognized Pharmacy Technician training program teaches the skills needed to gain employment as a Pharmacy Tech in either the hospital or retail setting.

Medical Coding and Billing

Upon successful completion of the Medical Billing and Coding program, students will be prepared for an entry-level position doing medical billing or coding.

Medical Transcription

This nationally recognized medical transcription online course and training program prepares you to start a new career as a medical transcriptionist.

Six Sigma Black Belt

Course material provides an in-depth look at the Six Sigma Black Belt DMAIC problem-solving methodology, as well as deployment and project development approaches.

Features:

- Courses run for six weeks (with a 10-day grace period at the end).
- Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more.

How to Get Started:

1. Visit our Online Instruction Center:

www.ed2go.com/saccomserv

- 2. Click the Courses link, choose the department and course title you are interested in and select the Enroll Now button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the Classroom.
- When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

Introduction to Microsoft Excel

Discover the secrets to setting up fully formatted worksheets quickly and efficiently.

Introduction to Microsoft Access

Store, locate, print, and automate access to all types of information.

Introduction to Microsoft Word

Learn how to create and modify documents with the world's most popular word processor.

Introduction to PowerPoint

Build impressive slide presentations filled with text, images, video, audio, charts, and more.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

MORE PROGRAMS AND COURSES AVAILABLE AT THESE WEBSITES

www.gatlineducation.com/saccomserv www.ed2go.com/saccomserv

COMPUTERS

DIGITAL PHOTOGRAPHY

Don't just take snapshots; create images! Learn how to operate and get the most out of your digital camera. Whether you have a point-and-shoot, or digital SLR, you'll learn how to move from automatic mode to creative mode. In this course you'll explore the various functions and settings available on your camera. Get tips on taking great portraits, sports shots, and landscapes. By the end of the day you will have a much better understanding of your camera and its settings. **Bring your digital camera**, and your manual.



 Event 97565
 6:00p-10:00p
 Monday
 SAC I-108
 03/02

 Fee: \$44/person
 1 session
 Crowley, D

MICROSOFT OFFICE APPLICATIONS

Word, Excel and PowerPoint are the most common applications used in business today. This class will help you to be a more productive user of these Microsoft Office applications. We will focus on creating professional looking PowerPoints and Word documents as well as making sure you can use Excel successfully. Software covered: The latest version of Microsoft Office suite - Word, Excel, & PowerPoint. To save files, students should bring a Jump/Flash Drive for USB port.

 Event 97559
 9:00a-3:00p
 Saturday
 SAC A-224
 02/28

 Fee: \$79/person
 1 session
 Crowley, D

PHOTOSHOP FUNDAMENTALS

Photoshop is the most advanced photo and artwork manipulation program on the market today. Learn how to sharpen and color correct your photographs, combine two or more photos into one, use filters and add text with a personal touch. Basic computer knowledge is recommended. **Bring a jump/flash drive for USB port to class.**

Event 97560 9:00a-3:00p Saturday SAC A-224 03/07 Fee: \$79/person 1 session Crowley D

COMPUTER BASICS

Used a computer for years but never learned the basics? Never used a computer? Learn current computer terminology, identify computer components, proper use of USB/jump drives, file size measurement, and helpful tips to make using the computer easier and faster.

Event 97567 1:00p-5:00p Saturday SAC A-224 02/21 Fee: \$44/person 1 session Dumon, D

EMAIL, CALENDAR ESSENTIALS USING OUTLOOK

Do you have hundreds of e-mails in your Inbox? This class is for you! Learn more efficient methods to composing your e-mails, attaching photos/documents, how to organize your saved e-mails by using folders, maintain a clean and empty inbox, backup your email, add contacts to address book, and send to a group distribution list. This class is helpful to beginners and novice e-mail users.



Event 97569 1:00p-5:00p Saturday SAC A-224 03/14 Fee: \$44/person 1 session Dumon, D

INTRO TO MICROSOFT WORD

Learn the most efficient methods to creating, editing, formatting, and printing letters and other documents. Beginners as well as experienced Word users will benefit from learning shortcuts and tips to make word processing easier and faster to use for home and work. Bring a USB/jump drive to class.

Event 97575 1:00p-5:00p Saturday SAC A-224 04/18 Fee: \$44/person 1 session Dumon, D

INTRO TO MICROSOFT EXCEL

This class will cover the proper techniques to create, format, and edit spreadsheets for both business and personal use. Learn to sort and calculate your data easily. Create a graphical view of your data such as pie, line, and bar charts with color and 3-D effects. Learn how to do all these features with easy shortcuts, menus, and wizards. Basic computer and word processing knowledge is recommended. **Bring a USB/jump drive to class.**

 Event 97572
 1:00p-5:00p
 Saturday
 SAC A-224
 03/21

 Fee: \$44/person
 1 session
 Dumon, D



Be Prepared!

We offer Basic First Aid, Adult, Child & Infant CPR. See Page 21



Register day or night online @ www.sac.edu/cms













IPHONES, IPADS, AND I'M LOST

Today's iPhone® and iPad® do so much more than simply make phone calls or send text messages. With either of these new devices you now have a computer, Web browser, eBook reader, personal organizer, and more - all in your hand! In this entertaining class, you will learn how to set up your iPhone® and/or iPad® for email, texting, WiFi networks, and Bluetooth and how to best sync with your computer using iTunes®. You also will discover how to take terrific photos and send them to friends, install apps, and figure out the best apps to make your iPhone® and/or iPad® smarter. A \$30 material fee is payable in class.

Event 97577 6:30p-9:30p Fee: \$39/person Thursday

SAC VL-207 1 session 03/12 Cohen, R



CULINARY ARTS

SPRING COOKING WITH TARLA

Come learn how to prepare a three course meal from Cordon Bleu chef Tarla Fallgatter. Students will sample mouth-watering recipes to take home and share with family and friends. A \$12 material fee is payable at the door.

Event 97578 10:00a-12:00p Saturday Fee: \$30/person SAC T-212 1 session SAC T-212 03/21 Fallgatter, T 06/06

Event 97579 10:00a-12:00p Saturday Fee: \$30/person

1 session

Fallgatter, T

THE HEALTHY PANTRY

You've probably heard about the benefits of eating a plant-based, whole grain diet. Studies have shown this diet to be helpful in weight loss, diabetes management, lowering cholesterol levels and high blood pressure, as well as reducing your risk for cancer. This class will show you how to easily and inexpensively incorporate this healthy diet into your busy lifestyle. Using nutritious recipes that are satisfying and taste great, you will be inspired and motivated with yummy breakfasts, lunches, dinners and snacks. Join us for an interesting discussion, demonstration and preparation of meals with samples for you to taste or take home. A \$15 material fee is payable at each class to the instructor.

Event 97580 2:00p-5:00p Fee: \$30/person

Saturday

SAC T-212 1 session 04/18 Sobel, B

JUICING FOR LIFE

This class will teach the basics of juicing and blending both fruits and vegetables with tasty combinations to sample. Learn about juice flushing for health, weight loss, detoxification and vitality. Come to this class if: you have a juicer or vitamix hidden in your kitchen; you would rather DRINK your vegetables than eat them; you would like to buy a juicer, but want more information before making this major purchase; would like new and fresh recipes; quick and easy breakfast or lunch solutions. A \$20 material fee is payable in class.

Event 97581 2:30p-5:30p

Saturday

SAC T-212

05/09

Fee: \$30/person

1 session

Sobel, B

PARKING POLICY

Daily parking permits are required & available for \$2.00 (coin or dollar) in Lots 6, 7, 9, 11 and 12.

Off site campus parking is free.



DANCE

BEGINNING SALSA

In this class you will learn the fundamentals of salsa dancing, including timing, 9 different positions of basic step, weight change, body position, lead and follow, plus simple but fun dance patterns. No partner is necessary, as we will change partners frequently. **Casual dress, tennis or soft soled shoes only; hard heels are not permitted.**

Event 97671 6:30p-7:30	p Monday	SAC W-107	02/23 - 03/30
Fee: \$59/person		6 sessions	Rivera, R
Event 97673 6:30p-7:30	p Monday	SAC W-107	04/13-05/18
Fee: \$59/person		6 sessions	Rivera, R

INTERMEDIATE SALSA

This class combines basic steps with impressive eye-catching salsa patterns you will enjoy showing off at your favorite salsa club. Come learn this exciting and rhythmic dance while staying fit and having fun. No partner is necessary, as we will change partners frequently. **Casual dress, tennis or soft soled shoes only; hard heels are not permitted.**

Event 97672 7:45p-8:45p	Monday	SAC W-107	02/23 - 03/30
Fee: \$59/person	•	6 sessions	Rivera, R
Event 97674 7:45p-8:45p	Monday	SAC W-107	04/13-05/18
Fee: \$59/person	•	6 sessions	Rivera, R

ADVANCE SALSA

Make the move to continue the fun! This class is for the participant who knows their basic, right/left turns and cross body lead of Salsa. You will learn performance routines, footwork, spins, wraps and turns. Partners are welcome but not required. Individual attention will be given to each participant. Casual dress, tennis or soft soled shoes only; hard heels are not permitted.

Event 97676 8:	15p-9:45p	Friday	SAC W-107	02/20-05/08
Fee: \$64/persor	1	•	10 sessions (no class 4/3 & 4/10)	Figueroa, M

BELLY DANCE (AGES 16+)

Discover the exhilarating and very expressive art form of Belly dance while developing flexibility, grace and fitness. Students will be introduced to basic Arabic rhythms and movements that range from fast and dynamic shimmies to slow and sensual veil, cymbals and drum routines. Bring an exercise mat or towel to class. A \$20 material fee is payable in class for finger cymbals.

Event 97677	7:00p-8:30p	Wednesday	Mendez Fundamental, Room 102	04/29-06/03
Fee: \$59/pers	son	•	6 sessions	Miranda

Mendez Fundamental, 2000 N. Bristol St., Santa Ana

BEGINNING BALLROOM

At a social level, you will learn to dance stationary and around an entire ballroom. While learning to lead/follow, rhythm patterns, and turns, you will be taught technique and better posture that builds confidence on and off the dance floor. No partner required. Casual attire, soft soled shoes only, low heel recommended; hard heels are not permitted.



Event 97683 6:30p-7:30p	Wednesday	DanScene Dance Studio	02/18-03/25
Fee: \$59/person		6 sessions	Parker, M
Event 97700 6:30p-7:30p	Wednesday	DanScene Dance Studio	04/15 - 05/20
Fee: \$59/person	-	6 sessions	Parker, M

DanScene Dance Studio, 2980 McClintock Way, Suite B, Costa Mesa

CARIBBEAN & LATIN DANCE

Welcome to the beautiful world of Caribbean and Latin dances. In this workshop you will learn basic steps and moves of Salsa-L.A. style, Bachata and Cumbia. Partners are welcome but not required. Individual attention will be given to each participant. Casual dress, tennis or soft soled shoes only; hard heels are not permitted.

Event 97675 6:30p-8:00p	Friday	SAC W-107	02/20 - 05/18
Fee: \$64/person		10 sessions (no class 4/3 & 4/10)	Figueroa, M

COUNTRY TWO STEP & WALTZ

Country Two Step is fun and energetic to medium or fast pace music. Country Waltz is danced to a slow tempo as if floating in the clouds as you and your partner dance as one. You will learn sharp and smooth turns, lead/follow and technique to make your dancing

feel effortless. No partner required. Casual attire, soft soled shoes only, low heel recommended; hard heels are not permitted.

Event 977017:45p-8:45pWednesdayDanScene Dance Studio04/22-05/20Fee: \$59/person6 sessionsParker, M

DanScene Dance Studio, 2980 McClintock Way, Suite B, Costa Mesa

WEST COAST SWING

In this fun dance you will learn rhythm patterns, turns, lead/follow connection and technique. West Coast Swing is a derivative of the Lindy Hop from the 1940's Big Band era. West Coast Swing better know as today's Jitterbug is still the best kept secret not only taught Nation Wide; but World Wide. At the advance level and at your preference; you will be able to incorporate other variations from other dances while maintaining connection to your partner such as Hip Hop, Jazz, Ballet, Salsa, Country, Tango and more. The music used varies from Blues, Jazz and Contemporary with various tempos. Whatever your favorite song is, you'll most likely be able to dance West Coast Swing to it. No partner required. Casual attire, soft soled shoes only, low heel recommended; hard heels are not permitted.

Event 97696 7:00p-8:00p Tuesday DanScene Dance Studio 02/24-03/31 Fee: \$59/person 6 sessions Parker, M Event 97697 7:00p-8:00p Tuesday DanScene Dance Studio 04/14-05/19 Fee: \$59/person 6 sessions Parker, M

DanScene Dance Studio, 2980 McClintock Way, Suite B, Costa Mesa

HEALTH, FITNESS & BEAUTY

YOGA-BODY & SPIRIT IN MOTION (AGES 16+)

Learn how to relax and get your body in tune with your mind. This beginning yoga class is designed to help both men and women learn postures that tone, firm and limber the body. Learn postures and exercises that help relieve tension, release stress and anxiety, give you more energy, help control weight, and improve blood circulation. Wear loose clothing and bring an exercise mat or towel to class.



Event 97264	10:15a-11:45a	Saturday	SAC W-107	02/21-03/28
Fee: \$59/pers	son		6 sessions	Cropper, T
Event 97265	10:15a-11:45a	Saturday	SAC W-107	04/18 - 05/23
Fee: \$59/pers	son		6 sessions	Cropper, T
Event 97164	6:00p-7:30p	Monday	Mendez Fundamental, Room 102	02/23 - 03/30
Fee: \$59/pers	son		6 sessions	Ernotte, B
Event 97166	6:00p-7:30p	Monday	Mendez Fundamental, Room 102	04/13 - 05/18
Fee: \$59/pers	son	•	6 sessions	Ernotte, B

Mendez Fundamental, 2000 N. Bristol St., Santa Ana

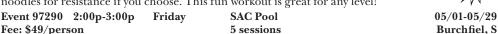
ZUMBA FITNESS (AGES 16+)

Join this Latin-inspired dance fitness program that blends red-hot international music. It's an exhilarating, effective, easy-to-follow calorie-burning dance fitness party that's moving millions of people toward fitness.

Event 97707 9:00a-10:00a S Fee: \$25/person	Saturday	SAC W-107 5 sessions	02/28-03/28 Rivera R
Event 97708 9:00a-10:00a	Saturday	SAC W-107	04/18-05/16
Fee: \$25/person	•	5 sessions	Rivera R

AQUA AEROBICS (AGES 16+)

Stay fit while working out in the shallow end of the pool. The buoyancy of the water tones muscle, and makes you feel energized without the stress on your joints. We will use pool noodles for resistance if you choose. This fun workout is great for any level!



REGISTER ONLINE Day or Night at www.sac.edu/cms

CPR/AED: ADULT, CHILD & INFANT (AGES 12+)

The ability to perform CPR properly is a lifesaving skill that everyone can benefit from learning. This American Safety and Health Institute (ASHI) course is OSHA approved and covers CPR and the Heimlich Maneuver for adults, children and infants. Participants will also learn how to use an AED (Automatic External Defibrillator). In addition, each participant will have his/her own 2 manikins on which to practice. Participants will receive a certification card which is valid for 2 years. Participants should bring a self-addressed stamped envelope, pen and a \$15 material fee (workbook, certification card, supplies) to class. Please Note: This is not a Healthcare Provider level course.

Event 97820 12:30p-3:0	0p Saturday	SAC B-11	03/07
Fee: \$25/person		1 session	Bradley, S
Event 97821 12:30p-3:0	0p Saturday	SAC B-11	05/16
Fee: \$25/person		1 session	Bradley, S

BASIC FIRST AID (AGES 12+)

The American Safety and Health Institute (ASHI) course is OSHA approved and recommended for anyone interested in learning the basics when it comes to handling some of life s more common emergencies. This course covers how to treat bleeding, burns, shock and much more. Participants will receive a First Aid card valid for two years. Participants should bring a self-addressed stamped envelope, pen and a \$15 material fee (workbook, certification card, supplies) to class.

Event 97822 3:00p-5:00p	Saturday	SAC B-11	03/07
Fee: \$25/person	·	1 session	Bradley, S
Event 97823 3:00p-5:00p	Saturday	SAC B-11	05/16
Fee: \$25/person	·	1 session	Bradley, S

HEAD, NECK, SHOULDER MASSAGE

This hands-on stress relief workshop will focus on basic massage techniques used in a professional massage. Students will be taught a 30-minute massage routine to reduce tightness and minor aches and pains in high tension areas of the head, neck and shoulders. Students will practice massage techniques on each other. You will leave ready to practice on family, friends or clients. **BRING a towel and wear comfortable clothing that will allow you to bare your neck.** A \$5 material fee is payable in class to the instructor

 Event 97716
 9:00a-12:00p
 Saturday
 SAC I-108
 03/14

 Fee: \$39/person; \$59/couple
 1 session
 Sobel, B

OPEN COURT BADMINTON

Welcome to the World of Badminton! This course is for men and women of all playing levels. Students will learn game technique, terminology, rules and regulations while having fun, meeting new people, and strengthening skills. Teams will be organized to play single, double and mixed matches. The best thing is you don't need a partner to participate. **Students must bring their own racquet.**



Event 97717 6:00p-10:00p Saturday SAC G-105 01/24-05/16 Fee: \$29/person; \$49/couple 14 sessions (no class 02/14, 04/04 & 04/11) Tran, C

MAKEUP AND SKIN CARE (AGES 12+)

In this hands-on workshop, you'll learn step by step makeup application techniques that will enhance your beauty. Learn the best way to treat rosacea, age spots, dark under-eye circles and skin discoloration. Discover what to use for pesky fine lines and wrinkles. Whether you re a stay at home mom or a working professional, you will leave confident and ready to put your "best face forward"! A \$30 material fee is payable in class to the instructor.(CASH ONLY).

 Event 97714 12:30p-3:00p
 Saturday
 SAC I-201
 03/07

 Fee: \$55/person
 1 session
 Jackson, M

AN EVENING OF MASSAGE

Join us for a fun filled evening of good touch, great ideas and wonderful relaxation. Enjoy this class in a comfortable spa-like setting with dim lighting and relaxing music. Experience giving and receiving a head-to-toe massage. Couples attending together will practice together. Singles will be paired with another single at the class. A light snack will be served between massages. Take home notes will ensure your continued success. Bring your partner, friend or just come yourself. Everybody who takes this class loves it! Participants should BRING 2 sheets and a pillow; wear comfortable clothing and bring a bathing suit. A \$5 material fee is payable to the instructor.

Event 97715 6:00p-10:00p Friday Lincoln Institute 02/13 Fee: \$39/person; \$59/couple 1 session Sobel, B

Lincoln Institute: 202 W. Lincoln Ave., Suite A, Orange

FENG SHUI: WORK, HOME & YOU

Where we work and sleep profoundly affects our lives. Attending this fascinating seminar will give you insight and some workable solutions to many Feng Shui home and work challenges. A \$3 material fee is payable in class to the instructor.

Event 97712 6:30p-9:30p Tuesday SAC I-208 02/24 Fee: \$29/person 1 session Zimmerman, K

WOMEN'S SELF DEFENSE (AGES 13+)

This course gives practical instruction in self defense, escaping techniques and basic martial arts essentials such as punching and kicking. Students will work on real life scenarios; discuss decision making and preventative strategies to avoid hostile and dangerous situations. Each class will include a mild warm-up and group work.

Event 97713 6:00p-7:00p Wednesday Fee: \$59/person

SAC W-111 6 sessions

02/18-03/25 Bishop, J

KICK YOUR CRAVINGS

This seminar teaches strong and intelligent people who find themselves eating unhealthy foods or avoiding exercise, how to start enjoying a healthy lifestyle and to like who they see in the mirror. Transform your relationship with food and your body and join this intensive workshop today.

Tuesday

SAC VL-301

04/14-06/02

Fee: \$98/person

8 sessions

Larsen, J

IMPACT FORMULAS FOR SELF DEFENSE

This course will cover a wide variety of defense tactics and mental awareness. Learn empty hand defense techniques and situational awareness by using a mind and skill set to better preserve life. Not everyone was born a natural fighter so it is important to focus on the science of combat so that all people stand a fighting chance.



Event 97842 6:00p-7:30p Fee: \$59/person

Monday

02/23-03/30 Price, K

LANGUAGE

CONVERSATIONAL SPANISH (AGES 16+)

This class is designed for anyone who wants to improve their conversational Spanish skills. Learn practical language helpful for everyday conversation including phases and vocabulary needed for commonplace work situations, travel, icebreakers, ordering in restaurants, and more. Emphasis will also be placed on building confidence, proper pronunciation, and practical grammar. Students will have the opportunity to practice their conversational Spanish skills in a variety of group and solo activities. A \$10 material fee is payable in class.

Event 97825 7:00p-9:00p

Wednesday

SAC VL-307

02/04-03/04 **Alpine Tutoring**

Fee: \$69/person

5 sessions

ITALIAN FOR TRAVELERS (AGES 16+)

Preparing to travel to Italy? This class will focus on practical conversational skills needed for travel to Italy. Learn practical sentences helpful for travel, ordering in restaurants, transportation, hotels, sightseeing and more. Emphasis will also be placed on proper pronunciation, practical grammar, and culture. Andiamo! A \$39 material fee for Italian textbook is payable in class.

Event 97824 6:00p-8:00p Fee: \$69/person

Tuesday

SAC VL-109 5 sessions

04/21-05/19 Alpine Tutoring



Career Training Programs

Online Courses

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Visit our website to view start dates for the courses that interest you.

Courses begin January 15, February 19, March 19, April 16, and May 21

PROGRAMS AND COURSES AVAILABLE AT THESE WEBSITES

www.gatlineducation.com/saccomserv

www.ed2go.com/saccomserv



MONEY MATTERS & INVESTMENTS

SOCIAL SECURITY & RETIREMENT PLANNING

Join us as we uncover the best strategies to collect Social Security benefits for retirement. planning. Topics include: Social Security and taxes, benefit formulas, distribution types, when to file, suspend or restrict applications, roll-overs and more. Maximize your Social Security benefits to fit your retirement decisions! A \$10 material fee is payable at the door to the

Event 97838 9:00a-11:15a **SAC I-104** 04/18-05/02 Saturday Fee: \$44/person; \$66/couple 3 sessions Gable, R

INVESTMENT BOOTCAMP

instructor.

As you know, the key to successful investing is knowledge. This class is an excellent opportunity to obtain information you need to make wise decisions and protect your investment portfolio. You will learn the safety of your invested principal; manage risk effectively; reduce income taxes using tax-favored investments; protect your retirement accounts: IRA's, 401k's, pensions and more. Get insightful answers to practical questions regarding interest rates, oil and gas prices, the economy, real estate and the stock market.

Event 97826 6:30p-9:30p Thursday SAC VL-307 02/12Fee: \$39/person; \$59/couple 1 session Morton, J

MASTER YOUR INVESTMENT

Learn how to invest intelligently and profitably so that you can secure your financial future! Topics include how to: Construct an investment portfolio designed to help you achieve your personal financial goals; Gain an understanding of stocks, bonds, mutual funds, tax-deferred annuities, life insurance and long term care insurance, Evaluate which of these investments can maximize returns, minimize risk, and lower your taxes; Create diversifications through REIT's, gold and other commodities, Read the financial pages and understand the language of the stock market; Recognize the common characteristics shared by successful investors. This class is a must if you invest, or are thinking of investing, in an IRA, tax-deferred annuity, gold, stocks, bonds, or mutual funds!

Event 97828 6:30p-9:00p **SAC VL-307** 03/19 & 03/26 **Thursday** Fee: \$44/person; \$66/couple Morton, I

MAXIMIZE YOUR SOCIAL SECURITY

The average retiree can leave tens of thousands of dollars on the table simply because they don't understand how to optimize their Social Security Benefits. Don't be one of them! Join us for this informative and easy to understand class where we explore ways to maximize your Social Security Benefits. This class is designed to assist someone who is not yet receiving their Social Security benefit, but plans to soon, or for someone who has started receiving payments within the last year.

Event 97827 6:30p-9:00p **Tuesday SAC I-208** 03/10 Fee: \$35/person; \$52/couple 1 session Morton, J

CREDIT RESCORING

Stop collection calls INSTANTLY! Obtain step by step guidance from the federal law to erase defective entries on your credit report. Restore your good name using lawyer approved letters to rebuild your credit. Settle debts using a negotiating script to protect and recover your credit worthiness. A \$30 material fee is payable in class.

SAC VL-105 02/07Event 97830 9:00a-1:00p Saturday Fee: \$44/person; \$66/couple 1 session Konstant, E

REFUND & TRANSFER POLICY

- Refund & transfer requests are accepted 3 business days prior to class and are subject to a \$10 processing fee per person, per class.
- Refunds are not issued after class is held.

SOCIAL SECURITY PITFALLS

Hidden deep within the 2700+ rules in the social security handbook are a number of pitfalls that are not obvious to the average benefit recipient. This class is designed to bring clarity to some of the confusing rules and help you avoid forgoing thousands of dollars over your lifetime. It is not enough to learn how to maximize your Social Security benefits; you have to also learn how to identify the warning signs.

 Event 97829 6:30p-8:30p
 Thursday
 SAC VL-105
 04/02

 Fee: \$29/person; \$44/couple
 1 session
 Pak, J

RAISING FINANCIALLY FIT KIDS

In this fun, interactive workshop you will learn age-appropriate teaching methods for children ages 3-18, including topics such as money dynamic, allowance, entitlement, budgeting, charitable giving, banking for teens, parental modeling and when to discuss your own personal financial situation. This course is designed to assist households who may already have a steady financial plan, as well as those who want to start a legacy of change. **A \$10 material fee is payable at the door.**

Event 97836 10:00a-1:00pSaturdaySAC I-10303/21Fee: \$39/person; \$44/couple1 sessionMarcouillier, D



MUSIC

BEGINNING GUITAR

Students will learn the basics of guitar playing and musicianship in a fun class. Chords, melodies, strumming, tuning and learning to read music in a variety of styles will all be covered. Students must bring their own guitar to class.

Event 97868 5:30p-6:45p	Mon., Wed.,	SAC N-114	02/23-03/18
Fee: \$79/person		8 sessions	Baeza, J
Event 97869 5:30p-6:45p	Mon., Wed.,	SAC N-114	03/23-04/15
Fee: \$79/person		8 sessions	Baeza, J



REAL ESTATE

BUYING YOUR FIRST HOME

Take the mystery out of buying your first home. This workshop will cover an overview of the entire buying process, a review of real estate terms, loan underwriting guidelines, the pros and cons of fixed and variable rate mortgages, current government assisted programs plus the steps to qualifying for a mortgage.

 Event 97839
 10:30a-12:30p
 Saturday
 SAC I-106
 04/25

 Fee: \$25/person
 1 session
 Flores, S

DO YOU HAVE A GREAT IDEA FOR A NEW CLASS?

We're always looking for teachers who have developed classes in:

Arts & Crafts • Real Estate • Business & Careers • Dance • Health & Beauty • College for Kids

Mail a proposal to:

Santa Ana College-Community Services Program, Attn: Lithia Williams, Program Coordinator 1530 W. 17th St. Santa Ana, CA 92706 • Email: williams_lithia@sac.edu

SPECIAL INTEREST

PARENTS: CREATIVITY COUNTS!

This exciting program is for parents of children in pre-k through 8th grade to provide creative ways to increase communication, participation and strong parent/child relationships. Expert instructors provide parental strategies, content knowledge, hands-on and minds-on activities to makes this class engaging, educational and fun!



Event 97840 6:00p-7:00p Fee: \$69/person

Thursday

SAC I-101 4 sessions

03/12-04/02 **Child Creativity Lab**

POETRY WORKSHOP

In this workshop, we will read and write poems in a safe, fun, and supportive environment. If you've never written a poem or if you've written hundreds of poems, you are welcome here. Our final meeting will be a live public reading of our poems. Be brave! Be a poet!

Event 97402 6:00p-8:00p

Tuesday **SAC VL-109** 03/03-03/31

Fee: \$49/person

Russo, S

IDENTIFYING PERSONALITY TYPES

In this fun and engaging course, you will discover the greatest assets and challenges of your own personality, and how to quickly and effectively identify the primary personality type in everyone around you. Once you easily master this skill, you will be on your way to richer communication, increased productivity, more sales, better relationships and less tension. Learn to connect and engage like never before! A \$10 material fee is payable at the door.

Event 97832 10:00a-3:00p

Saturday

SAC I-103

05/02

Fee: \$39/person

1 session

Marcouillier, D



Are you a U.S. Military Veteran?

- Do you want to enroll in college but it's been a while since you've been in school?
- Are your Math and English skills rusty?
- Do you need help making the transition into college?



The Santa Ana College Upward Bound Program is a Free college transition program designed for veterans who want to return to college.

The VUB program provides academic workshops, tutoring, academic counseling, advisement and other college and community resources for veterans.

For more information call the VUB program office at (714) 564-6288.

Visit our website at www.sac.edu/vub



TRAVEL TOUR INFORMATION

Trips & tours presented by Good Times Travel. Good Times Travel is a family owned, licensed tour operator with 20 years of service. Unless otherwise noted, local travel is aboard deluxe motor coach with professional tour escort. Minimum travel age 18.

PAYMENT: Day Trips: Entire fee due at time of booking. Multi-Day Tours: Deposit per person due at time of booking. Traveler will be contacted by Good Times Travel to arrange for payment of balance.

TRAVEL CANCELLATION POLICY

Day Tours: may be cancelled up to 10 days prior to departure date less a \$15 processing fee. A refund will only be issued if your space can be re-sold. You may send a substitute in place. **Multi Day Tours:** Travel Protection insurance is highly recommended. A refund will be issued less a \$50 cancellation fee. Non receipt of confirmation DOES not warrant a refund for any event

Due to unforeseen circumstances or weather conditions, day trips may be cancelled or services substituted. During the trip, if a participant does not abide to the scheduled departure and returning times, it is the participant's sole responsibility for return transportation.

All day trips will depart from RSCCD Parking Lot, 2323 N. Broadway, Santa Ana. PLEASE ARRIVE 15 MINUTES PRIOR TO DEPARTURE TIME.

TRAVEL & TOURISM

TRIBUTE TO HUELL HOWSER: PEAKS & VALLEYS

We begin the morning with a stop at Hadley's, famous for their breads, nuts and date shakes. Then off to Palm Springs where we board the aerial tram for spectacular 360 degree views of the Coachella Valley. After, enjoy an included lunch at a 4-star restaurant with your choice of entrée. This afternoon we arrive at the Village Green Heritage Center to visit two 19th century pioneer homes. We end our day at the Moorten Botanical Gardens, a desert oasis featuring 3000 desert cacti and plants. Suggested: walking shoes and sweater.



Event 97853 9:00a-6:30p Fee: \$99/person Saturday

RSCCD Parking Lot 1 day tour 02/28 Good Times Travel

BALBOA PARK & KING TUT EXHIBIT

Get away for the day to San Diego's beautiful Balboa Park with a visit to the Natural History Museum's exhibit The Discovery of King Tut! This exhibit allows you the excitement that was experienced when King Tutankhamun's tomb was first uncovered. Enjoy the magnificent splendor of stunning replicas and priceless Egyptian treasures. Spend time in Balboa Park's lovely gardens, various museums, and free Spreckles Organ Concert. Lunch on your own at the many eateries or bring sack lunch!

Event 97851 9:00a-6:00p Fee: \$75/person

Sunday

RSCCD Parking Lot 1 day tour

03/15 Good Times Travel

AZALEAS, PLANTATIONS & CAJUN COUNTRY

In this Cajun getaway, you will stay two nights in the heart of New Orleans' French Quarter! Enjoy the sights and sounds touring the Quarter, the Garden District, Jackson Square & Bourbon Street guided by your docent. Travel along the Mississippi River Road to visit three Civil War- era plantations: Houmas House, Oak Alley and Nottoway, then tour Cajun Country in Baton Rouge, where azaleas and spring blossoms are in full bloom! Tour includes 6 nights deluxe hotel accommodations, 12 meals, deluxe motor coach transportation, airport-hotel transfers (with purchase of group air), and luggage handling throughout the tour. Double occupancy \$1399/ single occupancy \$1849. A deposit of \$250 per person is required to secure spot. Roundtrip group airfare available from \$495 pp.

 $Event \ 95130 \qquad \qquad 03/25 \hbox{-} 03/31 \qquad \qquad Fee: \$250/deposit \ per \ person \qquad \qquad Good \ Times \ Travel$

CALIFORNIA MANSIONS, GARDENS & RAILS

Embark on an exciting getaway to explore the beauty of Mansions and Gardens by rail along the west coast. Visit Hearst Castle, Winchester Mystery House, spectacular gardens, the historic Governor's Mansion guided by your docent. Stay in a quaint inn along Cambria's Moonstone Beach. This trip features travels into California's Gold country to tour the beauty of various mansions. Tour includes 6 nights deluxe hotel accommodations, 10 meals, deluxe motor coach transportation and Amtrak train including the Coast Starlight Train, and luggage handling throughout the tour. Double occupancy \$1399/ single occupancy \$1849. A deposit of \$300 per person is required to secure spot.

Event 95132 04

04/16-04/22

Fee: \$300/deposit per person

Good Times Travel

GETTY CENTER & LAWRY'S

High atop a hill on 110 acres amongst the Santa Monica Mountains and overlooking Los Angeles is the Getty Center – still as incredible as it was the day it opened more than 15 years ago. The \$733 million Getty Center presents the Getty's collection of Western art from the Middle Ages to the present, against a backdrop of dramatic architecture, tranquil gardens, and breathtaking views. The Getty always offers fresh new exhibits and on display today will be: Renaissance Splendors of the Northern Italian Courts, In Focus: Animalia, and Light, Paper, Process: Reinventing Photography. Enjoy the Getty at your leisure with free docent-guided architectural and garden tours available. The Central Garden is especially lovely this time of year. Prior, enjoy an included early lunch at Lawry's The Prime Rib in Beverly Hills. Here you'll find the award-winning food and exceptional service that has made Lawry's a dining legend. Your choice of prime rib, chicken or salmon, along with sides and their famous spinning bowl salad and dessert.

Event 97854 10:00a-6:00p Saturday Fee: \$99/person

RSCCD Parking Lot 1 day tour

04/18 Good Times Travel

MACADAMIA NUTS & WINE

Visit a macadamia nut farm to experience first-hand the time and manpower that goes into growing such a unique corp. Enjoy a leisurely walking tour into the grove for a chance to crack, sort and taste! This 20-acre family farm grows 700 nut trees with 70 different organic fruits and vegetables. Enjoy an included barbecue chicken lunch on the farm with delicious side dishes, salad and delightful fruit crepe dessert. Then we will visit a Temecula Valley winery with spectacular award-winning wines for an included wine tasting. We'll make a stop at Tom's Farm in route. Suggested: walking shoes to walk over uneven dirt terrain.

Event 97855 8:15a-5:15p Fee: \$99/person Thursday RSCCD Parking Lot 1 day tour

Good Times Travel



CENTRAL COAST LIGHTHOUSES BY RAIL

All aboard the Coast Starlight train for a scenic ride along the coast to Big Sur, Santa Cruz, Monterey and Santa Barbara. Enjoy your overnight stays in oceanfront hotels with sunset views and leisurely walks along the beach. Visit California's most historic and unique lighthouses, a boat cruise, and picnic in Big Sur's state Park. Tour includes 4 nights deluxe hotel accommodations, 8 meals, deluxe motor coach transportation and Amtrak train including the Coast Starlight Train, and luggage handling throughout the tour. Double occupancy \$1199/ single occupancy \$1599. A deposit of \$250 per person is required to secure spot.

Event 95136 05/31-06/04 Fee: \$250/deposit per person Good Times Travel

CHOCOLATE DIPPED L.A.

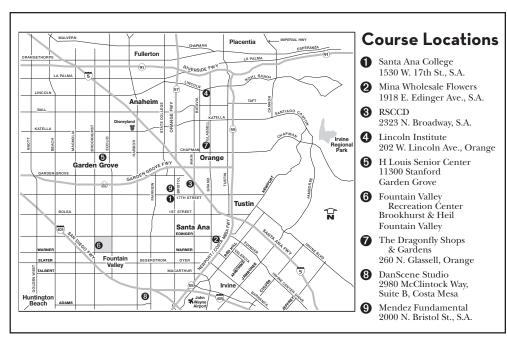
Join us on this decadent tour as we visit chocolate factories and candy shops in Beverly Hills and Hollywood. This trip includes a visit to one of the oldest confectionaries that still makes chocolate candies by hand, a behind-the-scenes look at a gourmet chocolatier making handcrafted Truffle fudge in a production kitchen, and a visit to a candy store to explore over 30,000 square feet of sweets where you will design your very own chocolate bar to take home! Lunch is included with choice of entrée and chocolaty dessert at the Grub Restaurant.

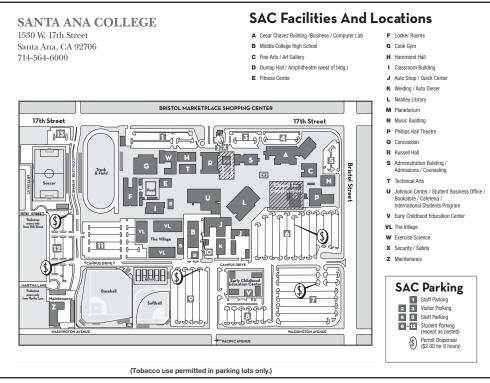
Event 97856 7:30a-5:30p Thursday RSCCD Parking Lot 06/04 Fee: \$99/person 1 day tour Good Times Travel

TRAVEL CANCELLATION POLICIES

- Day Tours: may be cancelled up to 10 days prior to departure date, less a \$15 processing fee. A refund will only be issued if your space can be re-sold. You may send a substitute in your place.
- Multi Day Tours: Travel Protection insurance is HIGHLY RECOMMENDED! A refund will be issued less a \$50 cancellation fee.

Non receipt of confirmation DOES NOT warrant a refund. During the trip, if a participant does not abide to the scheduled departure and returning times, it is the participant's sole responsibility for return transportation.





PARKING INFORMATION

RSCCD requires parking permits for students and the public at Santa Ana College.

Daily permits should be placed face-up on your car dashboard. See campus map for Parking Permit Dispenser lot locations.

Daily parking permits are available for \$2.00 (coin or dollar) at Santa Ana College, Lots 6, 7, 9, 11 and 12.

SANTA ANA COLLEGE COMMUNITY SERVICES PROGRAM

REGISTRATION FORM

Mail to: 1530 W. 17th St., Santa Ana, CA 92706

Name	st		Email Addre	ess		
Address						
City			Zip Co	de		
Phone: Busin	ess ()		Home ()			
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Check/Money	/ Order #					
Visa/MC/Disc	cover#			Exp. Date		
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Phillip E. Yarbrough • Alana V. Voechting, Student Trustee • Raúl Rodríguez, Ph.D., Chancellor • Erlinda J. Martinez, Ed.D., Santa Ana College President

Community Services Program

530 W. 17th St., #S-203 Santa Ana, CA 92706